

Resource List

San Diego

Our Community. Our Mission

**Contact your local Community Relations Representatives
to submit your resources or events.**

Submission subject to approval

COVID-19

[FREE test kits](#)

[Fallbrook Regional Health District COVID 19 Testing](#)

[San Diego Covid-19 Testing Locations](#)

[County Vaccination Option](#)

[CFAC-Cancer Financial Assistance Coalition](#)

[COVID-19 Vaccine Finder](#)

[COVID-19 Funeral Assistance](#)

[COVID-19 Vaccine](#)

Education

[FRHD FREE workshop Parenting: Career Development](#)

[FRHD FREE workshop Wellness: How to Improve Your Mental Health](#)

[Fallbrook Regional Health District Adult Mental Health First AID+ Free 8 hour](#)

[Certified Public Education Program July 11](#)

[Free Car Seat Training](#)

[EFNEP Nutrition Workshop-English](#)

[EFNEP Nutrition Workshop-Spanish](#)

[Child Abuse & Neglect](#)

[Tools For Schools Flyers](#)

[Internet Services](#)

Behavioral Health

[Access and Crisis Line](#)

[Disaster Distress Hotlines](#)

[Chaplain Services](#)

[Mental Health Resources](#)

Military

- [Homeless Veterans Program](#)
- [OMVA Alpine LWOW Services](#)
- [MILITARY & VETERANS RESOURCE GUIDE](#)
- [Vets Community Connections](#)
- [Veterans/Military Hotlines](#)
- [Information and Support for Military Caregivers](#)

Seniors

- [Senior Special Needs Animal Assistance Program](#)
- [COVID-19 Senior Support](#)
- [HCA| Medi-Cal's Health4All Older Adults](#)
- [211 older adults Resources](#)

Food/Housing

- [Fallbrook Food Pantry](#)
- [Supplemental Nutrition Program for Women, Infants, and Children \(WIC\)](#)
- [San Diego Gas & Electric Assistance & Discount Program](#)
- [SBCS Free Food For Families - English](#)
- [Restaurant Meals Program](#)
- [Emergency Food Resources](#)
- [SBCS Free Food For Families - Spanish](#)
- [Fair Housing Help, North County Office](#)
- [San Diego County Emergency Shelter Contacts](#)
- [Housing Is Key: Tenant and Landlord Resources](#)
- [Apply for CalFresh online, GetCalfresh.org](#)

Miscellaneous

- [Halloween Festival Fallbrook Community Center](#)
- [Volunteer Action For Aging's \(VAA\) Friendly Caller Program](#)
- [Virtual Caregiver Support Groups](#)
- [Community Resource Directory](#)
- [Diaper Distribution Site](#)
- [LIVE WELL ON WHEELS \(LIVE WOW\)](#)
- [Transportation Referral Service](#)